USING YOUR SPIRIVA RESPIMAT INHALER

GET TO KNOW YOUR SPIRIVA RESPIMAT INHALER

IMPORTANT TO REMEMBER

Before your SPIRIVA RESPIMAT Inhaler is used for the first time, the SPIRIVA RESPIMAT cartridge must be inserted into the SPIRIVA RESPIMAT inhaler and then primed. The instructions in this overview show you how to prepare and prime the inhaler for first-time use and how to use the inhaler for daily dosing.

Read these Instructions for Use included with your prescription before you start using SPIRIVA RESPIMAT and each time you get a refill. There may be new information. This overview does not take the place of talking to your doctor about your medical condition or your treatment.

Do not turn the clear base before inserting the cartridge.

For Oral Inhalation Only.
Do not spray SPIRIVA RESPIMAT into your eyes.

QUESTIONS AND ANSWERS ABOUT YOUR INHALER

HOW SHOULD I STORE MY SPIRIVA RESPIMAT INHALER?

• Store SPIRIVA RESPIMAT at room temperature from 59°F to 86°F (15°C to 30°C)
• Do not freeze the SPIRIVA RESPIMAT cartridge or inhaler

Keep your SPIRIVA RESPIMAT cartridge and inhaler out of the reach of children.

HOW SHOULD I CARE FOR MY SPIRIVA RESPIMAT INHALER?

Clean the mouthpiece, including the metal part inside the mouthpiece, with a damp cloth or tissue only, at least 1 time a week. Any minor discoloration in the mouthpiece does not affect your SPIRIVA RESPIMAT inhaler.

If the outside of your SPIRIVA RESPIMAT inhaler gets dirty, wipe it with a damp cloth.

WHEN SHOULD I GET A NEW SPIRIVA RESPIMAT INHALER?

Two puffs from SPIRIVA RESPIMAT equal one dose of medicine.

SPIRIVA RESPIMAT is available with 30 or 14 doses of medicine (equal to 60 or 28 puffs). The dose indicator shows approximately how many puffs of medication are left. When the pointer enters the red area of the scale, there is enough medicine for 7 days (30-dose product) or 3 days (14-dose product).

This is when you need to refill your prescription or ask your doctor if you need another prescription for SPIRIVA RESPIMAT Inhalation Spray.

Once the dose indicator has reached the end of the scale, all puffs have been used and the RESPIMAT inhaler locks automatically. At this point, the base cannot be turned any further.

Throw away the SPIRIVA RESPIMAT inhaler 3 months after insertion of cartridge into inhaler, even if all the medicine has not been used, or when the inhaler is locked, whichever comes first.

Please see full Prescribing Information for SPIRIVA RESPIMAT, including Instructions for Use.

A helpful way to remember how to use your inhaler for daily dosing is T.O.P.: TURN, OPEN, PRESS.

SPIRIVA RESPIMAT must be prepared and primed before first use.

TURN the clear base until you hear a click.

OPEN the cap and close your lips around the mouthpiece.

RESS the dose-release button and inhale the mist.

These steps should be performed two times to receive the proper dose of medicine.
PREPARE FOR FIRST-TIME USE

1. With the aqua cap closed, press the safety catch while pulling off the clear base.
   Be careful not to touch the piercing element located inside the bottom of the clear base.

2. Write the discard by date on the label of the SPIRIVA RESPIMAT inhaler.
   The discard by date is 3 months from the date the cartridge is inserted into the inhaler.

3. Take your SPIRIVA RESPIMAT cartridge out of the box.
   Do not turn the clear base before inserting the cartridge.
   Push the narrow end of the cartridge into the inhaler. The base of the cartridge will not sit flush with the inhaler. About ⅛ of an inch will remain visible when the cartridge is correctly inserted.
   The cartridge can be pushed against a firm surface to ensure that it is correctly inserted.
   Do not remove the cartridge once it has been inserted into the inhaler.

4. Put the clear base back into place.
   Do not remove the clear base again.
   Your SPIRIVA RESPIMAT inhaler should not be taken apart after you have inserted the cartridge and reattached the clear base.

5. Hold the inhaler upright, with the aqua cap closed, to avoid accidental release of dose.
   Turn the clear base in the direction of the black arrows on the label until it clicks (half a turn).

6. Flip the aqua cap until it snaps fully open.

7. Point your SPIRIVA RESPIMAT inhaler toward the ground (away from your face). Press the dose-release button. Close the aqua cap.

Repeat steps 5, 6, and 7 until a spray is visible.
Once the spray is visible, you must repeat steps 5, 6, and 7 three more times to make sure the inhaler is prepared for use.
Your inhaler is now ready to use.
These steps will not affect the number of doses available. After preparation and initial priming, your SPIRIVA RESPIMAT inhaler will be able to deliver the labeled number of doses.

DAILY DOSING

A. Hold your SPIRIVA RESPIMAT inhaler upright, with the aqua cap closed, so you do not accidentally release a dose of medicine.
   Turn the clear base in the direction of the black arrows on the label until it clicks (half a turn).

B. Flip the aqua cap until it snaps fully open.
   Breathe out slowly and fully, and then close your lips around the end of the mouthpiece without covering the air vents.
   Point your SPIRIVA RESPIMAT inhaler to the back of your throat.
   While taking in a slow, deep breath through your mouth, press the dose-release button and continue to breathe in slowly for as long as you can.
   Hold your breath for 10 seconds or for as long as comfortable.

C. Repeat steps A and B so that you get the full dose.
   Close the aqua cap until you use your inhaler again.

A HELPFUL WAY TO REMEMBER THE STEPS FOR DAILY DOSING IS TO REMEMBER T.O.P.: TURN, OPEN, PRESS.

Please see full Prescribing Information for SPIRIVA RESPIMAT, including Instructions for Use.
Please see Important Safety Information for SPIRIVA RESPIMAT on page 3.
NEED MORE HELP?

See the solutions listed below to help you stay on track while prepping and using your inhaler.

<table>
<thead>
<tr>
<th>WHAT IF</th>
<th>REASON</th>
<th>WHAT TO DO</th>
</tr>
</thead>
<tbody>
<tr>
<td>I cannot turn the base easily?</td>
<td>The SPIRIVA RESPIMAT inhaler is already prepared and ready to use.</td>
<td>The SPIRIVA RESPIMAT inhaler can be used as it is.</td>
</tr>
<tr>
<td>I cannot press the dose-release button?</td>
<td>The clear base has not been turned.</td>
<td>Turn the clear base until it clicks (half a turn).</td>
</tr>
<tr>
<td>The clear base springs back after I have turned it and a small amount of moisture is released?</td>
<td>The clear base was not turned far enough.</td>
<td>Prepare the SPIRIVA RESPIMAT inhaler for use by turning the clear base until it clicks (half a turn).</td>
</tr>
<tr>
<td>I can turn the clear base past the point where it clicks?</td>
<td>Either the dose-release button has been pressed, or the clear base has been turned too far.</td>
<td>With the aqua cap closed, turn the clear base until it clicks (half a turn).</td>
</tr>
</tbody>
</table>

INFORMATION ABOUT SPIRIVA RESPIMAT

- Use SPIRIVA RESPIMAT exactly as your doctor tells you to use it
- Do not change your dose or how often you use SPIRIVA RESPIMAT without talking with your doctor
- Do not use other inhaled medicines with SPIRIVA RESPIMAT without talking to your doctor
- Tell your doctor about all of the medicines you take. SPIRIVA RESPIMAT may affect the way some medicines work and some other medicines may affect the way SPIRIVA RESPIMAT works
- The SPIRIVA RESPIMAT inhaler has a slow-moving mist that helps you inhale the medicine
- Use 1 dose (2 puffs) of SPIRIVA RESPIMAT, 1 time each day, at the same time of day. Do not take more than 1 dose (2 puffs) in 24 hours
- Always use the new SPIRIVA RESPIMAT inhaler that is provided with each new prescription. Only use the SPIRIVA RESPIMAT inhaler to take your medicine. Do not use the SPIRIVA RESPIMAT inhaler with other medicines
- Your SPIRIVA RESPIMAT cartridge contains either 60 puffs (equal to 30 doses of medicine) or 28 puffs (equal to 14 doses of medicine) after you prepare your inhaler for the first use. There is enough medicine for 30 days or 14 days when it is used as 2 puffs, 1 time each day

INDICATION

SPIRIVA RESPIMAT (tiotropium bromide) Inhalation Spray is a prescription medicine used once daily (a maintenance medicine) to control symptoms of chronic obstructive pulmonary disease (COPD) by relaxing your airways and keeping them open. COPD includes chronic bronchitis and emphysema. SPIRIVA RESPIMAT also reduces the likelihood of COPD flare-ups (COPD exacerbations).

You are encouraged to report negative side effects of prescription drugs to the FDA. Visit www.fda.gov/medwatch or call 1-800-FDA-1088. Please see full Prescribing Information for SPIRIVA RESPIMAT, including instructions for Use.

IMPORTANT SAFETY INFORMATION

Do not use SPIRIVA RESPIMAT if you are allergic to tiotropium, ipratropium, atropine or similar drugs, or any ingredient in this medicine.

SPIRIVA RESPIMAT is not a rescue medicine and should not be used for treating sudden breathing problems. Your doctor may give you other medicine to use for sudden breathing problems.

SPIRIVA RESPIMAT can cause allergic reactions. Symptoms can include raised red patches on your skin (hives), itching, rash and/or swelling of the lips, tongue or throat that may cause difficulty in breathing or swallowing. If you have any of these symptoms, stop taking the medicine and get immediate medical help.

SPIRIVA RESPIMAT can cause your breathing to suddenly get worse (bronchospasm). If this happens, stop taking your medicine, use your rescue inhaler and call your doctor right away or go to the nearest emergency room.

Tell your doctor about all your medical conditions including kidney problems, glaucoma, enlarged prostate, problems passing urine or blockage in your bladder.

Tell your doctor about all the medicines you take, including eye drops. Ask your doctor if you are taking any anticholinergic medicines because taking them together with SPIRIVA RESPIMAT can increase side effects.

SPIRIVA RESPIMAT can increase the pressure in your eyes (acute narrow-angle glaucoma), which can cause the following symptoms: eye pain, blurred vision, seeing halos or colored images, along with red eyes. If you have any of these symptoms, stop taking your medicine and call your doctor right away.

SPIRIVA RESPIMAT can cause new or worsened urinary retention. Symptoms of blockage in your bladder and/or enlarged prostate may include difficulty passing urine and/or painful urination. If you have any of these symptoms, stop taking your medicine and call your doctor right away.

Dizziness and blurred vision may occur with SPIRIVA RESPIMAT. If you experience these symptoms, use caution when engaging in activities such as driving a car or operating appliances or other machines.

The most common side effects reported with SPIRIVA RESPIMAT include sore throat, cough, dry mouth, and sinus infection.

Do not spray SPIRIVA RESPIMAT into your eyes, as this may cause blurring of vision and pupil dilation.