

# COPD Symptom Checker

You may have just started thinking seriously about the symptoms your doctor diagnosed as part of your COPD (chronic obstructive pulmonary disease). Before you discuss your options with your doctor, consider where you are with your current treatment.

## Rate your current treatment

Based on the last 30 days, rate your level of satisfaction with your current treatment for each COPD symptom. Mark one number in each row.

Satisfied **1** Neutral **2** Dissatisfied **3** Very Dissatisfied **4**

<b>Shortness of breath</b>	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>
<b>Cough</b>	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>
<b>Mucus</b>	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>
<b>Chest tightening</b>	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>
<b>Wheezing</b>	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>
<b>Fatigue</b>	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>
<b>Rescue inhaler use</b>	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>

If you have any 3s or 4s (dissatisfied or very dissatisfied), **share this page with your doctor.**

If you find yourself using a rescue inhaler more often than usual, you should consider a maintenance treatment. **Talk to your doctor to see if SPIRIVA RESPIMAT is right for you.**

### IMPORTANT SAFETY INFORMATION

Do not use SPIRIVA<sup>®</sup> RESPIMAT<sup>®</sup> (tiotropium bromide) Inhalation Spray if you are allergic to tiotropium, ipratropium, atropine or similar drugs, or any ingredient in these medicines.

SPIRIVA RESPIMAT is not a rescue medicine and should not be used for treating sudden breathing problems. Your doctor may give you other medicine to use for sudden breathing problems.

SPIRIVA RESPIMAT can cause allergic reactions. Symptoms can include raised red patches on your skin (hives), itching, rash and/or swelling of the lips, tongue, or throat that may cause difficulty in breathing or swallowing. If you have any of these symptoms, stop taking the medicine and seek emergency medical care.

**Please see additional Important Safety Information on page 2 and full [Prescribing Information](#), including [Instructions for Use](#), for SPIRIVA RESPIMAT.v**

**Don't let COPD weigh you down.**

**See if SPIRIVA RESPIMAT is right for you.**



## Could SPIRIVA RESPIMAT be right for you?

For many COPD patients, breathing is already a constant battle. Breathing in your COPD medicine shouldn't be. In order to deliver medicine, many inhalers require that your lungs work harder than they need to. But the RESPIMAT inhaler is easy on your lungs. You don't need to breathe in more quickly or sharply than is comfortable. With minimal effort, its slow-moving mist helps you breathe in the medicine so it can get where it needs to go.

Unlike these other inhalers, the RESPIMAT inhaler is easy on your lungs. There's no need to breathe in any harder than is comfortable.



**The RESPIMAT inhaler delivers your SPIRIVA as a slow-moving mist with minimal effort**



**You can feel confident you're getting the medicine your doctor prescribed, even on days when it's difficult to breathe**



**The RESPIMAT inhaler helps get your SPIRIVA where it needs to go**

### IMPORTANT SAFETY INFORMATION (cont'd)

SPIRIVA RESPIMAT can cause your breathing to suddenly get worse (bronchospasm). If this happens, use your rescue inhaler, stop taking SPIRIVA RESPIMAT, and call your doctor right away or seek emergency medical care.

SPIRIVA RESPIMAT can increase the pressure in your eyes (acute narrow-angle glaucoma), which can cause the following symptoms: eye pain, blurred vision, seeing halos or colored images along with red eyes. If you have any of these symptoms, stop taking your medicine and call your doctor right away.

Dizziness and blurred vision may occur with SPIRIVA RESPIMAT. If you experience these symptoms, use caution when engaging in activities such as driving a car, or operating appliances or other machines.

SPIRIVA RESPIMAT can cause new or worsened urinary retention. Symptoms of blockage in your bladder and/or enlarged prostate may include difficulty passing urine and/or painful urination. If you have any of these symptoms, stop taking your medicine and call your doctor right away.

The most common side effects reported with SPIRIVA RESPIMAT in patients with COPD include sore throat, cough, dry mouth, and sinus infection.

Do not spray SPIRIVA RESPIMAT into your eyes, as this may cause blurring of vision and pupil dilation.

Tell your doctor about all your medical conditions including kidney problems, glaucoma, enlarged prostate, problems passing urine, or blockage in your bladder.

Tell your doctor all the medicines you take, including eye drops. Ask your doctor if you are taking any anticholinergic medicines because taking them together with SPIRIVA RESPIMAT can increase side effects.

### INDICATION

SPIRIVA RESPIMAT, 2.5 mcg, is a long-term, once-daily, prescription maintenance medicine used to control symptoms of chronic obstructive pulmonary disease (COPD) by relaxing your airways and keeping them open. COPD includes chronic bronchitis and emphysema. SPIRIVA RESPIMAT also reduces the likelihood of COPD flare-ups (COPD exacerbations). SPIRIVA RESPIMAT is not a treatment for sudden symptoms of COPD.

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**You are encouraged to report negative side effects of prescription drugs to the FDA. Visit [www.fda.gov/medwatch](http://www.fda.gov/medwatch) or call 1-800-FDA-1088.**

**Please see full [Prescribing Information](#), including [Instructions for Use](#), for SPIRIVA RESPIMAT.**